

Article Legal Stuff

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The Wheel of Decisions

There are eight segments choose 8 topics, maybe from your questionnaire, summary or other issues which are important to you like health family friends money etc.

Common issues that have been used in the examples are listed here but it would be better to have your own so you can apply it to your own issues.

Career

Money

Health

Friends/Family

Love Life

Personal Growth

Fun and Recreation

Physical Environment

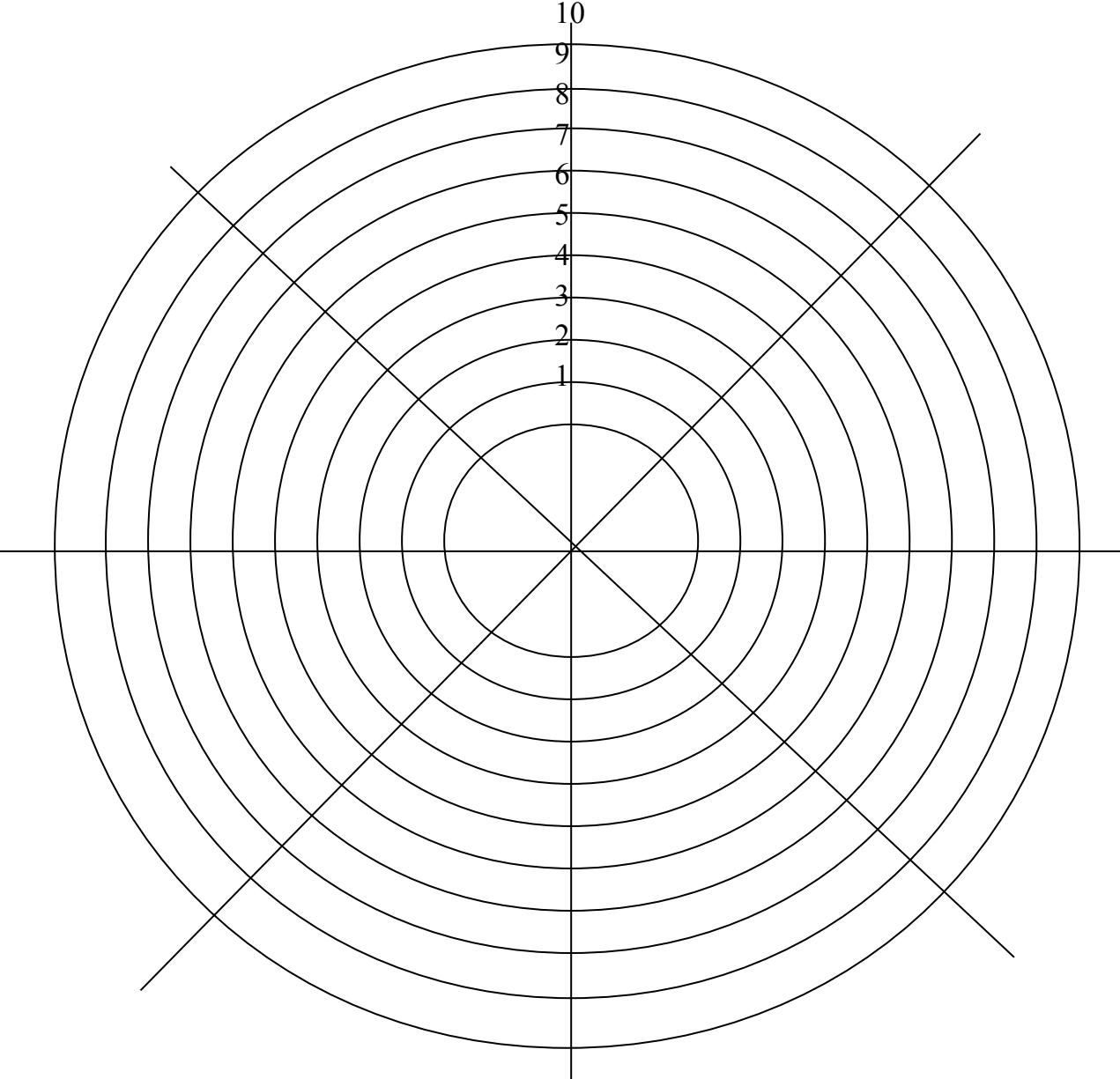
Shade in the level of satisfaction you have with each issue

One is low – Ten is high

The Whell of Decisions

27/10/2011

Now you will see how balanced your life is



Group Issue Solving

I am going to use a real case history here to illustrate the next move and to bring some understanding to the exercise.

You will of course need to adapt this to your own circumstances.

Create a list from the previous exercise issues and use their position in the wheel as a score.

Career	6
Money	5
Health	7
Friends/Family	4
Love Life	0
Personal Growth	6
Fun and Recreation	2
Physical Environment	4

These were the scores for the issues of a man who, had been divorced some time ago and soon after became redundant.

Some 5 years later, he had failed to reach his expected self-employment expectations. This was the point where he discovered the power of the decision wheel.

First, he had to define the most important issue that was facing him. he took a while to resolve all the various issues that came to light that until now he was unaware. Three months later, he began building a complete new life.

This is what you will also do in a moment.

Let us consider each of the issues in turn. Remember the 3 important points to success,

Choice, Easy and Pleasure

You **choose** to do it.

You will find it **easy** to do.

You know that you can do it and will get **pleasure** from doing it.

After many years trying to make a useless marriage relationship work, he felt good to be free from responsibility. This could easily also be a 10

Personal Growth 6

This was a big issue because he could feel that he was starting to slide backwards instead of moving forwards.

Fun and Recreation 2

He did not know the meaning of fun, and having recreation did not appeal to him.

Physical Environment 4

Physical environment had deteriorated as he spent more and more time trying to succeed, he had neglected his home environment and he was no longer comfortable with it.

Decisions

According to the plan for success, he had to choose just one issue to work with. (*Remember, one step and one issue at a time*)

Think about this now and create your own listing, by choosing which one and only one is the most important. Do this by selecting the first two items on your list and scoring them one and two, continue this practice through the lists several times until each one is in the right place. That is your list is in the order 1 -8. Then add your own reasons for the chosen ranking to confirm that this is indeed correct.

Actions

What could you do that would give satisfaction and be easy to do.

You now need to do the same with your scores.

Let us now score the list in points of priority that fit with your criteria, using the example below as a guide

You want to do it.

You will find it easy to do.

You know that you can do it.

**Paul Richardson
Leader of the Power of The Mind System**

The Whell of Decisions
27/10/2011

More information available

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